

Asker julesvøm 11.12 kl 15.15

Øvelse 1. 50m fri, damer

Heat 1

1				
2	Marie Gjerdrum Helgesen	08	Asker SK	_____
3	Johanne Lien	06	Asker SK	_____
4	Sarah Jensen	07	Asker SK	_____
5				
6				

Heat 2

1	Emma Hansen Nibe	05	Asker SK	_____
2	Elise Jensen Velund	05	Asker SK	_____
3	Tuva Underdal-Loktu	05	Asker SK	51,41 _____
4	Ida Kjenner-Mikalsen	05	Asker SK	_____
5	Elise Eidal	05	Asker SK	_____
6	Chiara Tonidandel	06	Asker SK	40,95 _____

Heat 3

1	Linnea Must	05	Asker SK	40,06 _____
2	Liv Hanh Basberg	04	Asker SK	35,77 _____
3	Emilie Otterhaug	04	Asker SK	29,86 _____
4	Mathea Nerland Vælitalo	04	Asker SK	33,87 _____
5	Ane Hanh Basberg	05	Asker SK	38,40 _____
6	Olivia Martinsen Bjørge	05	Asker SK	46,12 _____

Heat 4

1	Line Omholt-Jensen	03	Asker SK	35,00 _____
2	Ella Magnussen	03	Asker SK	29,15 _____
3	Nora Nerland Vælitalo	02	Asker SK	33,27 _____
4	Jenny Ihlebæk Tyssen	02	Asker SK	37,06 _____
5	Emilie Bao Ngoc Nguyen	03	Asker SK	32,59 _____
6	Helene Ødegaard	03	Asker SK	35,02 _____

Heat 5

1	Mina Victoria Stensland	02	Asker SK	31,60 _____
2	Kristine Huan Hytenget	02	Asker SK	29,87 _____
3	Emma Lu Eikemo	00	Asker SK	29,47 _____
4	Synne Amalie Pretorius	02	Asker SK	29,44 _____
5	Caroline Phuong Trinh Tran	02	Asker SK	30,02 _____
6	Ida Valø Sundbeck	02	Asker SK	32,97 _____

Øvelse 2. 50m fri, herrer

Heat 1

1	Mikkel Gjerdrum Helgesen	08	Asker SK	_____
2	Cebastian Truong	07	Asker SK	_____
3	Daniel Bao Long Nguyen	06	Asker SK	42,81 _____
4	Martin Tran	07	Asker SK	48,48 _____
5	Philip Stensland	07	Asker SK	_____
6				

Heat 2					
1	Kristian Tronstad	06	Asker SK	32,72	_____
2	Christian Magnus Rustad	05	Asker SK	43,03	_____
3	Tor Erik Smestad	04	Asker SK		_____
4	Jakob Vebner Hoppe	05	Asker SK	37,93	_____
5	William Torstveit Hansen	05	Asker SK	46,18	_____
6	Felix Stavnes	06	Asker SK	37,39	_____

Heat 3					
1	Linus Backen	04	Asker SK	36,13	_____
2	Julius Aarnes	04	Asker SK	32,36	_____
3	Mathice Mezzera	04	Asker SK	31,81	_____
4	Thomas Efskind	04	Asker SK	32,27	_____
5	Edvard Wilborn Sørli	04	Asker SK	32,77	_____
6	David Tran	04	Asker SK	39,00	_____

Heat 4					
1	August Wallenius Kjevik	03	Asker SK	37,57	_____
2	Szymon Dziedzic	03	Asker SK	33,87	_____
3	Joakim Tronstad	03	Asker SK	27,40	_____
4	Leo Strand	03	Asker SK	33,24	_____
5	Sigvart Ferdinand Frantzen	03	Asker SK	37,31	_____
6	Oscar Megård	04	Asker SK	31,57	_____

Heat 5					
1	Tobias Bang Mikkelsen	02	Asker SK	26,98	_____
2	Didrik Backen	01	Asker SK	26,05	_____
3	Jonatan Løve Frantzen	00	Asker SK	29,19	_____
4	Christian Groth Dyrkorn	01	Asker SK	24,63	_____
5	Kristian Fisketjøn Nilsen	01	Asker SK	26,60	_____
6	Adam Kasper Hvass	02	Asker SK	28,33	_____

Heat 6					
1	Magnus Brandt Lågøy	00	Asker SK	26,16	_____
2	Sander Klev	00	Asker SK	24,98	_____
3	Andreas Hovland Nordang	99	Asker SK	26,66	_____
4	Julius Brazdeikis	99	Asker SK		_____
5	Oliver Næss Olsen	00	Asker SK	25,14	_____
6	Iver Strand	00	Asker SK	28,06	_____

Øvelse 3. 25m fri, damer

Heat 1					
1	Julie Jensen Velund	09	Asker SK	28,84	_____
2	Evelyn Nguyen	06	Asker SK		_____
3	Elise Eidal	05	Asker SK		_____
4	Anine Sveen Kjær	06	Asker SK		_____
5	Johanne Lien	06	Asker SK		_____
6					_____

Øvelse 4. 25m fri, herrer

Heat 1					
1					_____
2	Philip Stensland	07	Asker SK		_____
3	Elias Samson	04	Asker SK		_____
4	Aksel Ruud Raustøl	06	Asker SK		_____
5	Oliver Megård	06	Asker SK	35,29	_____
6					_____

Øvelse 5. 100m individuell medley, damer

Heat 1

1					
2	Iris Rotvik	07	Asker SK		_____
3	Tuva Underdal-Loktu	05	Asker SK	2.00,60	_____
4	Sarah Jensen	07	Asker SK	2.11,50	_____
5					
6					

Heat 2

1					
2	Linnea Must	05	Asker SK	1.51,46	_____
3	Liv Hanh Basberg	04	Asker SK	1.42,72	_____
4	Chiara Tonidandel	06	Asker SK	1.48,00	_____
5	Kesia Steen	04	Asker SK	1.53,79	_____
6					

Heat 3

1	Hannah Ruud Raustøl	03	Asker SK	1.33,44	_____
2	Mathea Nerland Vælitalo	04	Asker SK	1.31,16	_____
3	Ida Valø Sundbeck	02	Asker SK	1.26,27	_____
4	Line Omholt-Jensen	03	Asker SK	1.29,54	_____
5	Helene Ødegaard	03	Asker SK	1.32,65	_____
6	Ane Hanh Basberg	05	Asker SK	1.39,65	_____

Heat 4

1	Kristina Hovland Nordang	01	Asker SK	1.23,13	_____
2	Charlotte Kunz	79	Asker SK	1.15,40	_____
3	Solveig Jørgensen Mohr	98	Asker SK	1.13,61	_____
4	Caroline Phuong Trinh Tran	02	Asker SK	1.15,21	_____
5	Emma Lu Eikemo	00	Asker SK	1.15,99	_____
6	Nora Nerland Vælitalo	02	Asker SK	1.24,43	_____

Heat 5

1	Eira Ytre-Eide	00	Asker SK	1.12,73	_____
2	Siri Leistad	99	Asker SK	1.09,39	_____
3	Aleksandra Røys Stranden	99	Asker SK	1.07,04	_____
4	Mette Mellbye Larsen	95	Asker SK	1.07,56	_____
5	Synne Amalie Pretorius	02	Asker SK	1.12,08	_____
6	Ella Magnussen	03	Asker SK	1.13,57	_____

Øvelse 6. 100m individuell medley, herrer

Heat 1

1					
2	Cebastian Truong	07	Asker SK		_____
3	Szymon Dziedzic	03	Asker SK		_____
4	Kristian Tronstad	06	Asker SK		_____
5					
6					

Heat 2

1					
2	Daniel Bao Long Nguyen	06	Asker SK	1.46,47	_____
3	August Wallenius Kjevik	03	Asker SK	1.44,92	_____
4	Jakob Vebner Hoppe	05	Asker SK	1.45,71	_____
5	Felix Stavnes	06	Asker SK	1.52,44	_____
6					

Heat 3

1	David Tran	04	Asker SK	1.37,35	_____
2	Kristian Bolstad Færner	04	Asker SK	1.29,86	_____
3	Edvard Wilborn Sørli	04	Asker SK	1.29,34	_____
4	Leo Strand	03	Asker SK	1.29,61	_____
5	Mathice Mezzera	04	Asker SK	1.36,93	_____
6	Linus Backen	04	Asker SK	1.37,49	_____

Heat 4

1	Oscar Megård	04	Asker SK	1.22,74	_____
2	Jonatan Løve Frantzen	00	Asker SK	1.14,15	_____
3	Magnus Brandt Lågøy	00	Asker SK	1.11,82	_____
4	Joakim Tronstad	03	Asker SK	1.14,11	_____
5	Julius Aarnes	04	Asker SK	1.21,72	_____
6	Thomas Efskind	04	Asker SK	1.23,39	_____

Heat 5

1	Oliver Næss Olsen	00	Asker SK	1.08,01	_____
2	Sander Klev	00	Asker SK	1.04,32	_____
3	Tobias Bang Mikkelsen	02	Asker SK	1.03,88	_____
4	Christian Groth Dyrkorn	01	Asker SK	1.04,03	_____
5	Didrik Backen	01	Asker SK	1.05,83	_____
6	Kristian Fisketjøn Nilsen	01	Asker SK	1.08,63	_____

Øvelse 7. 4*50m fri, mixed